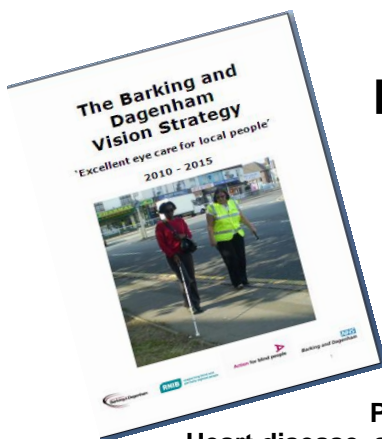


Barking and Dagenham Vision Strategy

'Excellent eye care for local people'



- ✓ Did you know that half of sight loss can be prevented if problems are detected early?
- ✓ Did you know that you should have a sight test once every two years?
- ✓ Did you know that regular eye checks are particularly important for elderly people and people with a history of glaucoma in the family?
- ✓ Did you know that Barking and Dagenham has an eye care plan, in line with the UK Vision Strategy?



Barking and Dagenham Vision Strategy

- Developed by Doctors, Opticians, health managers, Council staff, charities and local people
- Raising awareness of preventable sight loss
- Working to deliver excellent support to those with a sight problem and
- Enhance the inclusion, participation and independence of blind and partially sighted residents

Physical health and eye health are closely linked

Heart disease, smoking and diabetes can double the probability of sight loss

- 32% of Barking and Dagenham residents are active smokers compared with a national average of 20%
- There are more than 8400 people with Diabetes living in Barking and Dagenham.



Preventing avoidable sight loss and delivering excellent support are key aims which drive our projects and services

Bridge to Vision

In partnership with RNIB to improve eye care for people with a learning disability

Enhanced Optometry

This contract with local Optometrists is ensuring that the eye care pathway for people with a learning disability is tailored to their needs

Retinal Screening

The programme ensures that every person with diabetes has the opportunity to be screened

Rehabilitation and low vision service

The service ensures every person known to be sight impaired is offered an assessment and receives appropriate glasses, magnification, training, advice and information

Twice yearly exhibition style events bring local residents together with many organisations that support people with sight loss

The next event is on **14th June** at Becontree Leisure Centre, Dagenham. The Action for Blind People mobile information unit will be outside the event and in 2 other prominent locations that week

For more information contact 020 8227 2446



Action for blind people
Part of RNIB Group



NHS
Barking and Dagenham

